# VIDEO TRAINING RECORD VIDEO TITLE Forklift Instructor Training - A New Approach VIDEO ID NUMBER 1002GE

# **KEY TEACHING POINTS OF THE VIDEO**

Employees must be trained and authorized to use a forklift. The operator is responsible for safe operations.

Engineering Principles (Use the data plate to determine load capacities)

The Lever Principle

The Center of Gravity

The Stability Triangle

# **Operating Rules**

- 1. Give full undivided attention to the job.
- 2. Do not smoke, eat, or drink during use.
- 3. No riders.
- 4. Do not speed.
- 5. Never drive with a raised load.
- 6. Carry load low (4-6" above floor).
- 7. Drive in reverse when vision obstructed.
- 8. Honk horn when driving around blind corners.
- 9. Use special care when driving around pedestrians.
- 10. Don't allow anyone to walk under raised loads.
- 11. Parking
  - a. Lower forks.
  - b. Set parking brake.
  - c. Turn off engine.
- 12. Stay away from the edge of loading docks.
- 13. Use stabilizing jack on trailers.
- 14. Have adequate lighting.
- 15. Use dock plates.
- 16. Drive up ramps, back down.

## **Operator Maintenance**

- 1. Check vehicle daily.
- 2. An unsafe vehicle\* is one with poor
  - a. Brakes
  - b. Horn
  - c. Parking brake
  - d. Steering
- 3. Check fluid levels.
- 4. Make sure battery is charged.
- 5. Shut off motor when refueling or recharging batteries.
- 6. Use eye/face protection.
- 7. No smoking when refueling or recharging.

### **Battery Charging**

Use personal protective equipment. Make sure charger is off when connecting.

No smoking/sparks near battery. Check water level.

er level. Check ventilation.

QUESTION		ANSWERS	
		TRUE	FALSE
1 Give full attention to the job is an important forklift operating rule.			
2 Carry the load low (4-6" above the floor).			
3 Drive in reverse when vision is obstructed.			
4 Don't allow anyone to walk under raised loads.			
5 Use special care when driving around pedestrians.			
EMPLOYEE'S NAME	EMPLOYEE'S SIGNATURE	DATE	
INSTRUCTOR'S NAME	INSTRUCTOR'S SIGNATURE	DATE	